

Summer Newsletter 2026

*"For I know the plans I have for you," declares the Lord,
"plans to prosper you and not to harm you,
plans to give you hope and a future." – Jeremiah 29:11*



Dear Friends of HOLF,

Time flies, and it's already summer; another half year of 2026 has quickly passed. We're counting down the days until the completion of our new residential care home in Tai Po. Last summer's severe weather conditions, however, have caused some delay.

This year, we have witnessed many changes and new opportunities. We're also planning the preliminary arrangements for the relocation to facilitate the adjustment of residents and staff. Several applicants have applied for accommodation at HOLF in the first half of the year. With the expansion of our services, the facilities and location of HOLF's new site will provide convenience for our service users and even more disabled people in the community.



Our new logo will be unveiled soon! The design work for our new website is currently being carried out. We hope to share our latest news with you through the new platform soon. Along with updates, we will also be able to share news of the future expansion of our services.

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The Home of Loving Faithfulness holds a valid licence issued by the Social Welfare Department as a Residential Care Home for Persons with Disabilities.

Planting



In May, we each planted our own pot of herbs! We first had to work out the tools we needed to plant our herbs.

We then learnt about how to plant a seed; we needed lots of soil!



We all took turns to add soil into the pot we chose.



We added more soil to cover the seeds, and it's time to water!



We then chose the seeds we wanted to plant and added it into our soil.



We took a picture with our pot before bringing it out where the sun will shine on our plant!



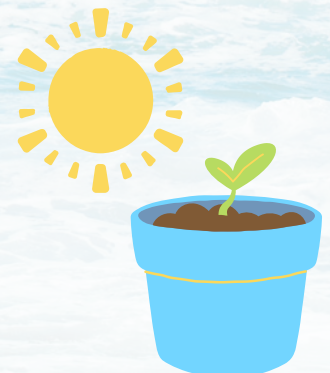
We documented on our watering journal and all of us laminated it ourselves!



This is what our plants look like in May.



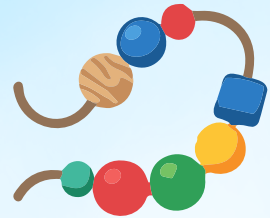
Here is a quick update of it in June!



Occupational Therapy Training



We learnt about what different animals look like as well as being able to trace their outline with our fingers. We also underwent some cognitive training, where we listened to different sounds and tried to match it to the right animal!



During this session, we got some visual stimulation (the spinning of different coloured discs) which is considered a sensory approach. This activity also helped train our visual motor coordination as well!



This was a fine motor training session, we learnt about where to place our fingers and to position our hand as well as how to control our strength to be able to pick up a relatively small marble like ball and putting it into a small tube. We worked hard on our eye-hand coordination!



Cognitive and Physical Training



Our residents are regularly engaged in participating in cognitive and physical training sessions. The disabilities that our residents deal with mean that they face many different challenges. Having a training system helps them to improve their cognitive and social skills and increase their physical strength. We are grateful to the Union Church Hong Kong for the funding to HOLF to purchase these cognitive and physical training systems.



The training system will help them to improve their cognitive skills and increase their physical strength.



Message From The Trustees



Psalm 96

*Sing to the Lord a new song; sing to the Lord, all the earth.
Sing to the Lord, praise his name; proclaim his salvation day after day.
Declare his glory among the nations, his marvelous deeds among all peoples.
For great is the Lord and worthy to be praised.*

It's early August at the time of writing and on 13th August we celebrate HOLF's 61st anniversary. With these verses we can sing to the Lord a new song and declare his glory among the nations for his marvellous deeds among the family of HOLF. We remember the courage, the faith and strength of two amazing young ladies who followed a calling to serve God by taking in these precious lives of our residents.. some of whom are still alive and with us today. Thank you Lord for their resilience to endure so many ups and downs but also their faith that you would provide for them... and as you have done so for the HOLF family for over 61 years!

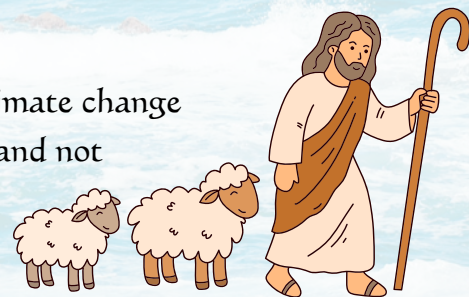


We now look to grow the family as we approach the relocation to Tai Po (somewhat delayed). A move is now more likely in 2027 than end of this year. The Lord's timing is perfect so we will rest in that.

We continue to seek His wisdom in the final aspects and in the important details of interior design as the building structure is soon to top out. We also need wisdom in preparation for the move which is a "big thing" physically but also emotionally (and otherwise) for our residents and staff. Nevertheless an exciting new chapter beckons.

It is now summer break for many. A summer season gives a moment to pause for reflection. While no holidays at HOLF there is a change of tempo and at least a moment to reflect on His many blessings whether personally, for family, for work and health and to assess the bigger picture of our lives... maybe to re-orient any new year resolutions or to plan for the remainder of the year. Any changes needed for you?

Meanwhile, it's hard seeing the world tear itself apart whether in war or climate change which ravage vast areas of land and impact lives. Let us focus on our Lord and not the storms of life which may overwhelm... and seek his SHALOM. His peace and security through the storms, droughts and fires.



Throughout these seasons, we remain super grateful to our staff who battle on regardless, to our supporters and prayer warriors who encourage us...you all mean so much to us. Thank you.

Wishing you a special summer time of refreshing as you prepare for the next season to come.

With many blessings,



Andrew, David, Jen, Gretchen, Kristian, PK and Rebecca

